

Dobrodošli v naši RAJSKI DOLINI

Naj se vam predstavim. Sem vaš Zeleni vodnik, rojen v teh krajih in od malih nog zaljubljen v vse, kar predstavlja moj dom: v čudovito naravo, dediščino naših prednikov in naš način življenja.

Sem neustavljivo aktiven in radoveden, pa tudi zgovoren. Povsod me lahko srečate in povsod vam bom z veseljem nasul veliko napotkov za potepanje po naših krajih. Zlahka me boste prepoznali, saj imam prav posebno frizuro, ki jo negujem kot poklon moji dragi prijateljici Hladnikiji, edinstveni rožici s pobočja Čavna.

“**Rebrinčevolistna hladnikija ali hladnikovka** (*Hladnikia pastinacifolia*) iz družine kobulnic spada med tako imenovane paleoendemite. Je edini rodovni endemit na slovenskih tleh. Raste na zelo majhnem območju v Trnovskem gozdu.

Ljudje, s katerimi živim v teh krajih, s predanostjo in odgovornim trajnostnim ravnanjem ohranjajo našo destinacijo zeleno. Prepričan sem, da našo zeleno naravnost lahko prepoznate skorajda na vsakem koraku in da cenite rezultate, ki jih prinašajo naša zelena ravnanja.

Vabim vas, da med bivanjem v naših krajih upoštevate nekaj zelenih napotkov, nam tako pomagajte ohranjati našo destinacijo zeleno in s tem lepši svet za vse.

Vipavska dolina



1

Ko vstopate v Vipavsko dolino in na Goriško, se zavedajte, da vstopate v neokrnjeno naravo in v svet pristne tradicije, ki ju z ljubeznijo in vztrajnostjo ohranjamo že stoletja. Občudujte cvetje in sadove pridnih rok, ne trgajte jih. Domačini vam bodo domače dobrote z veseljem sami ponudili.



2

Potujte zeleno. Kjerkoli je mogoče, si kraje ogledujte peš, s kolesom ali prevoznimi sredstvi na električni pogon.



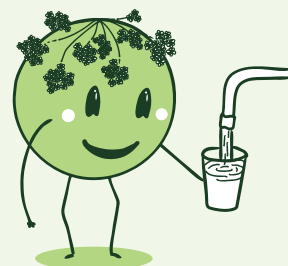
3



Obiščite naše prostrane gozdove, pobočja planot in travnike. Zavedajte se, da si jih le za kratek čas delite z njihovimi naravnimi prebivalci, tudi z nekaterimi redkimi rastlinskimi in živalskimi vrstami. Zato hodite in kolesarite po označenih poteh.

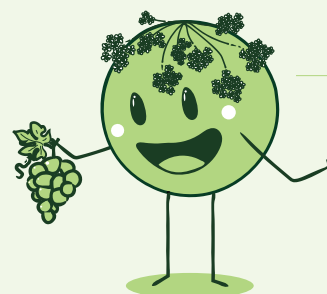
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Uživajte v naših čistih vodah, privoščite si razkošje, da lahko vodo pijete iz pipe. Zato pri nas pozabite na plastenke in si zaloge vode obnavljajte na številnih pitnikih ali pri domačinih. Kljub obilju z vodo in drugimi naravnimi viri ravnajte odgovorno in trošite le toliko, kolikor nujno potrebujete.



“

P.S. Preverjeno! Našo destinacijo vam bodo najlepše predstavili lokalni vodniki, ki poznajo vse znamenitosti in zgodbe o njihovem nastanku, ki poznajo poti do najbolj skritih kotičkov in ki vam lahko predstavijo tudi našo kulturo.



5

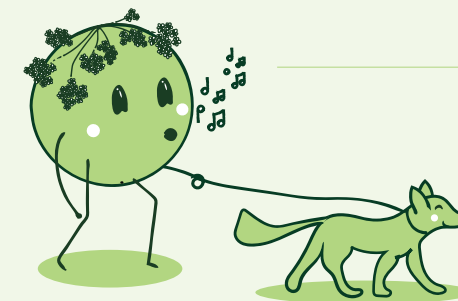
Izbirajte in jejte lokalno pridelano hrano, pripravljeno na tradicionalen način in v skladu z lokalnimi običaji, ki sledijo sezonskim ritmom narave. Okusni izdelki iz lokalno pridelanih sestavin so tudi najlepši turistični spominek.

6

Uživajte v pogledu na ostaline naše kulturne dediščine. Shranite jih v spomin. Spoznavajte naš pristen način življenja, sodelujte pri domačih in kmečkih opravilih in tako podpirajte ohranjanje našega življenjskega sloga.



7



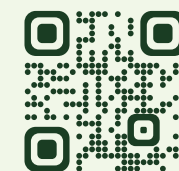
Pomemben in hkrati čudovit del naše krajine so kmetijske površine, travniki in ograjeni pašniki. Obiščite jih in spoštujte njihov življenjski utrip. Ko prečkate ograjene pašnike, za seboj vedno zapirajte ograde. Na kmetijskih površinah in drugje v naravi imejte svojega psa vedno na povodcu.

8

Naša zelena narava vam je na voljo za nepozabna doživetja, vi pa ji gostoljubje vračajte s skrbjo za njeno čistost in neokrnjenost. Občudujte lepote in poskrbite, da bodo to tudi ostale. Od tu odnesite lepe vtise in tudi vse stvari, ki ste jih morda prinesli s seboj.



Cenimo VAŠE MNENJE



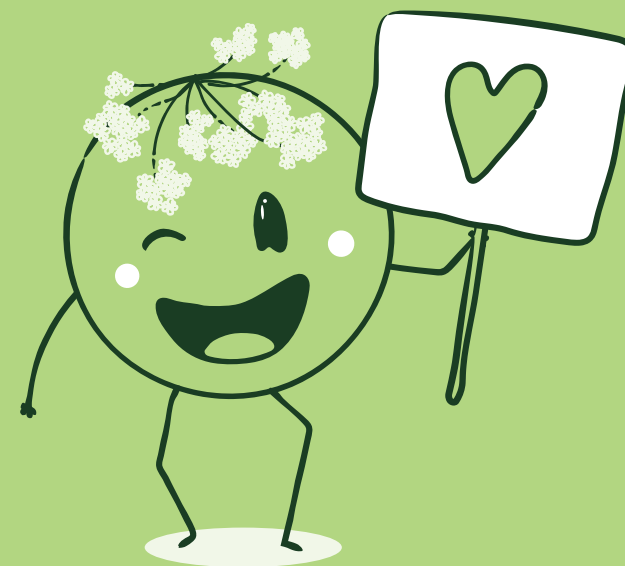
Verjamemo, da ste v naših krajih našli lepa doživetja. Našo ponudbo stalno razvijamo z željo, da jo še bolj približamo vašim potrebam. Veseli bomo, če boste izpolnili anketo na tej povezavi in nam zaupali svoje mnenje. Hvala. :)

Izdajatelj: Zavod za turizem Nova Gorica in Vipavska dolina

I FEEL
SLOVENIA

GREEN guide

Green Tips for Visiting
the Paradise Valley



Vipavska dolina

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www.vipavskadolina.si

Welcome to the PARADISE VALLEY

Let me introduce myself. I'm your Green Guide, born in this land and in love with everything my home represents: beautiful nature, our ancestors' heritage, and our way of life.

I'm active, curious and chatty. You can find me everywhere, and I'll gladly provide tips for exploring my home. I'm easy to recognise by my distinctive haircut, groomed to honour my dear friend the hladnikia plant, a unique flower growing on the slopes of Čaven.

“Hladnikia pastinacifolia from the family Apiaceae is a paleoendemic species. It is the only endemic genus in Slovenia, growing in a very small area of the Trnovo Forest.

The people here have been keeping our destination green with dedication, responsible and sustainable practices. I'm certain you can recognise our green mindset at every step, and appreciate the results of our green actions.

A few green tips to follow during your stay here will help us keep our destination green, and the world a nicer place for everyone.

Vipavska dolina



1

When entering the Vipava Valley and the Goriška region, be aware that you're stepping into pristine nature and a world of genuine tradition we've been preserving with love and care for centuries. You can admire the flowers and fruits of hard work, but kind don't pick them. People will gladly share their delicious local products with you.



2

Go green. Wherever possible, travel on foot, by bike or an electric vehicle.



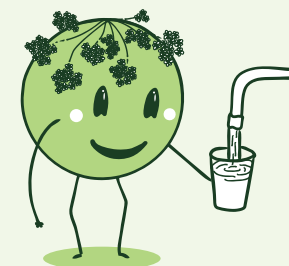
3



While visiting our sprawling forests, plateaus and meadows, kindly remember you're only there for a short time, sharing them with their inhabitants which include rare plant and animal species. Please only walk and cycle on marked trails.

4

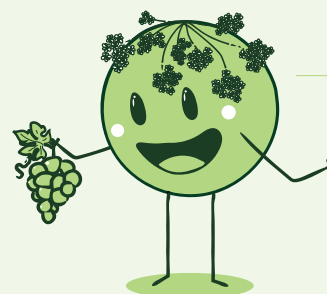
Enjoy our clean waters and indulge in the luxury of drinking tap water. Rather than carrying plastic, refill your water bottle at one of the numerous drinking fountains or friendly locals. Despite the abundance of water and other natural resources, please be responsible and only take what you need.



“

Fun fact: it's best to explore our destination with the local guides who know all the attractions and their stories, taking you to the hidden spots and teaching you about our culture.

5



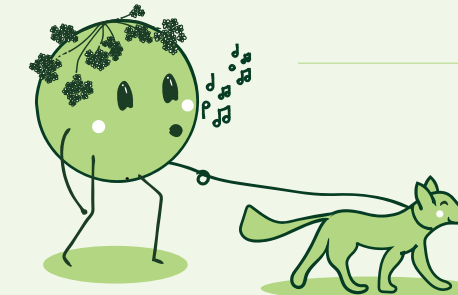
Choose and eat locally grown food, prepared traditionally and following local custom in sync with the seasonal rhythm of nature. Tasty products from locally grown ingredients also make great souvenirs.

6

Explore the vibrant traces of our cultural heritage, create memories, learn of our genuine way of living, join us as we work on our homesteads and land, and help us preserve our lifestyle.



7



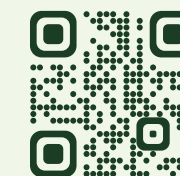
Agricultural land, meadows and fenced pastures are important and charming elements of our landscape. When you visit, please respect their natural rhythm. When crossing fenced pastures, always close the gate. Always keep your dog on a leash when walking on agricultural land and exploring the great outdoors.

8

Our pristine nature is here to offer you unforgettable adventures, so please return the hospitality by keeping it clean and unspoiled. Admire the beauty and make sure it lasts. Only take wonderful memories and what you brought.



We value
YOUR FEEDBACK



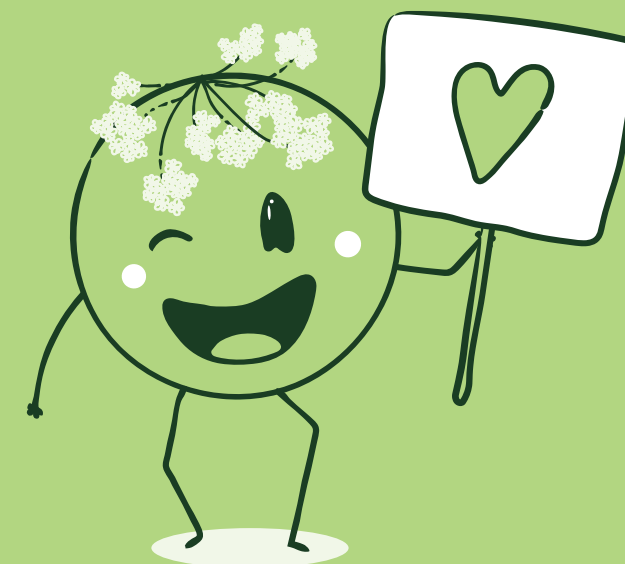
Hopefully, you found some amazing experiences here. Our offer is constantly being developed to better suit your needs. We'll be happy if you take the survey at this link and let us know about it. Thank you. :)

Published by: Zavod za turizem Nova Gorica in Vipavska dolina

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SLOVENIA

ZELENI vodnik

Zeleni napotki
za obisk Rajske doline



Vipavska dolina

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